

# Current Transportation Options for Seniors in the New River Valley

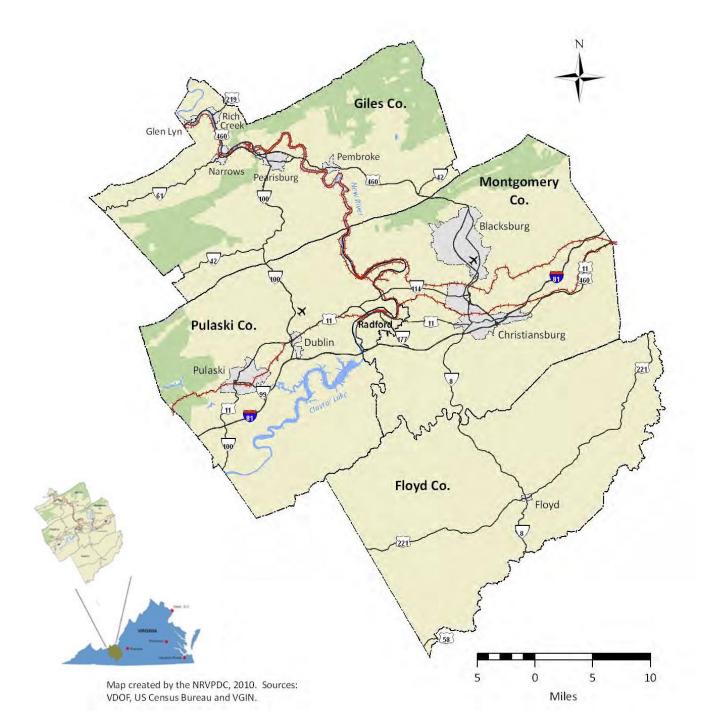
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## **Driving in Late Life**

- Symbol of independence
  - Allows control of daily routines

 Losing the ability to drive is not considered a significant problem <u>IF</u> a spouse or partner still has the ability to drive.





### **Driving Support**

 Local police perform courtesy checks and adjustments

 CarFit program periodically offered at local recreation centers





## **Driving Cessation**

- Losing the ability to drive is generally attributed to
  - Age-related decline (slowing) of thinking and decision-making
  - Vision problems
  - Cognitive impairment





#### **Public Transportation**











#### Public Transportation Options for Seniors

- Reduced rates
- Deviated fixed routes

 Tuesday line – Warm Hearth Village / Blacksburg transit



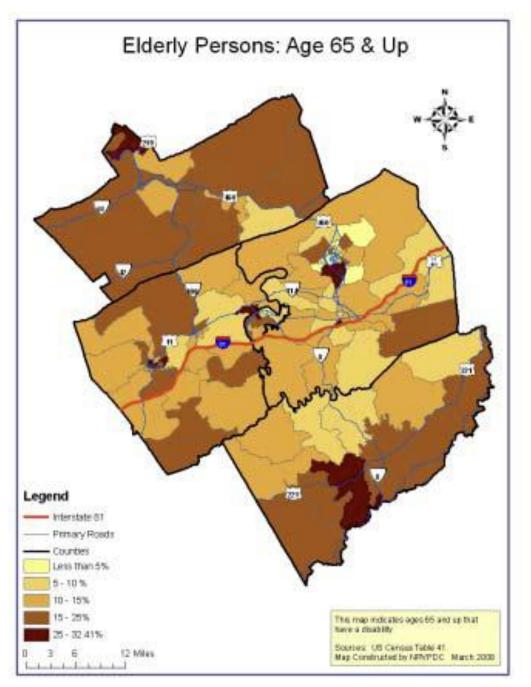


## Senior Perceptions on Public Transportation

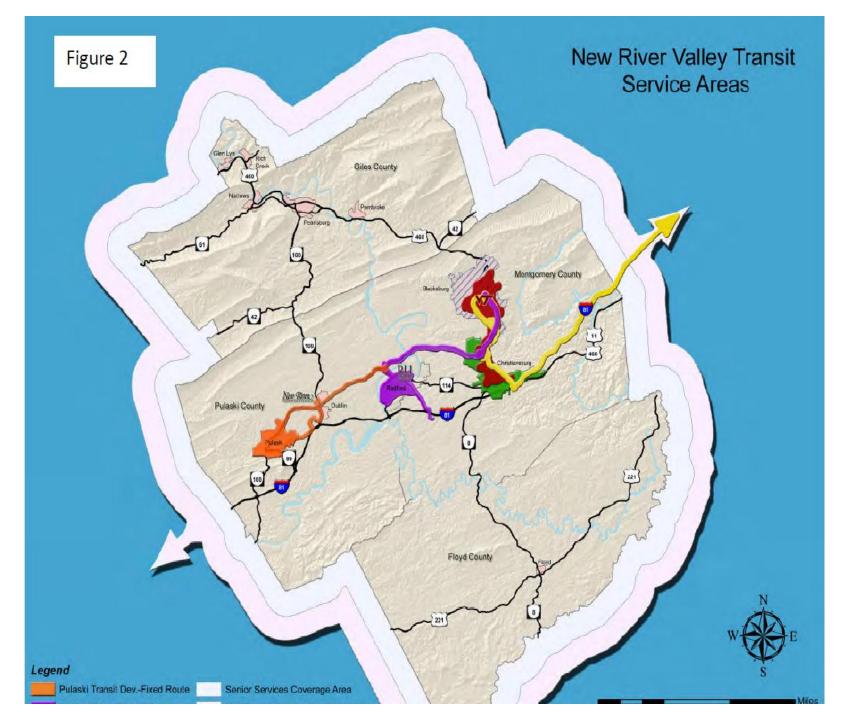
- Takes too much time/ doesn't coincide with my daily schedule
- Does not take me where I need to go
- Does not connect to other transportation services
- Costs too much money

\*\*Nominal fees may be too much for limited incomes





New River Valley Planning District Commission, 2009





### Specialized Transportation Services

Access to special transportation services is generally limited to

- Medicaid recipients
- Adults with physical disabilities
- Adults enrolled in a specific program or service





#### **Special Services**

- MedRide
- Senior Services
- Helping Hands
- Giles Family



Churches

Senior Mobility Coordinator - NRVAAA





### Challenges For Public Transit Organizations

- Connectivity
  - Other transit lines in NRV
  - Roanoke
    - Medical facilities
    - Roanoke Regional Airport
  - Lynchburg
    - Amtrak
- Public perceptions





#### Transportation Successes in Senior Mobility

- Community partnerships
- Increased options
- Increased ridership
- Low fares





#### **Future Plans**

- Maintain or expand service routes
- Improve connectivity
- Target funding for expansion
- Examine alternatives

 Create a regional transportation partnership

