# Understanding Individual, Organizational and Work Environment Factors Associated with Fatigue-Related Road Safety Behaviors Preliminary Findings

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March 23, 2017



# Why Study Taxi Drivers and Fatigue?

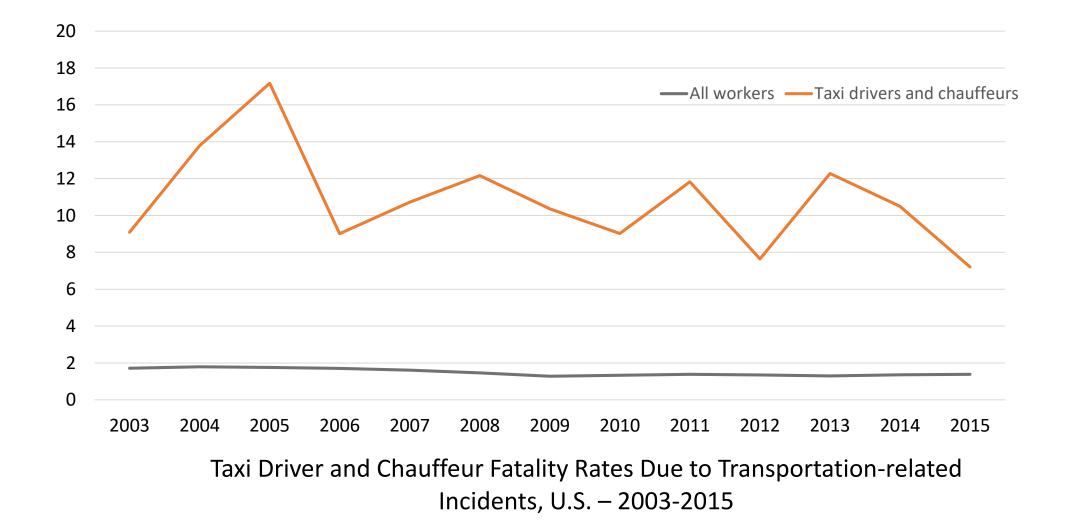
- Drive for a living
- Shift work
- Job demands and stress
  - Long days and nights = long workweeks<sup>1,2</sup>
  - Workplace violence
- Sedentary work
  - Exercise and healthy eating an effort
  - Poor health status<sup>3,4</sup>



<sup>1</sup>McDonough K and Stewart D. 2010. Workplace Violence Against Taxi Drivers. Occupational Health Internship Program Report, New York Taxi Workers Alliance. <sup>2</sup>Burgel BJ et al, 2014. Work-related Violence Experienced by Urban Taxi Drivers.AJIM;57:1377-1385.

<sup>3</sup>Gany F et al, 2015. Step On It! Impact of a Workplace New York City Taxi Driver Health Intervention to Increase Necessary Health Care Access. AJPH;105:786-792. <sup>4</sup>Gany F et al, 2014. Supporting South Asian Taxi Drivers to Exercise through Pedometers (SSTEP) to decrease cardiovascular disease risk. J Urban Health;91:463-476.

#### Fatality Rates Over More Than a Decade Reveal Consistently Higher Rates With No Clear Trend



# **Taxi Driver Survey**

- Objectives:
  - Describe road safety behaviors and motor vehicle crashes
  - Evaluate **safety** measures to reduce **violence** and workplace violence events
  - Understand the socio-demographic characteristics of the workforce
- Study Populations:
  - Houston
  - Los Angeles



# **Survey Content**

- Business-related characteristics
- Job demands
- Passenger violence
- Crashes
- Safety equipment
- Safety climate<sup>1</sup>
- Road safety behaviors<sup>2</sup>
- Socio-demographics

Taxicab	Driver Survey	
Survey ID	Staff ID	
Section A – Taxicab driving		
First, I'm going to ask you questions about	Survey Date:	
driving a taxicab in this city.	MM/DD/YY	
1a. What month and year did you start working	Airport: Bush/Intercontinenta	
as a taxicab driver?	Hobby	
mm/yy		
1b. What month and year did you start working		
as a driver in this city? mm/yy		
nnvyy		
1c. What company do you work for?		
1d. What month and year did you start working		
for this company?		
mm/yy		
2a. Do you own or lease the taxicab you drive?	2b. Are you authorized to sublease your car to	
Own1	another driver?	
Cum	Yes1 No0 N/A97	
	2c. Do you lease your taxicab on a long-term	
Lease2	basis or a daily/weekly basis?	
3a. Do you own or lease the plate/medallion	Long term1	
you use?	Daily	
10000000000000000	N/A97	
Own1		
Lease2	3b. Do you lease your plate/medallion on a	
Lease	Iong-term basis or a daily/weekly basis?	
4a. In a typical day, how many hours do you	Long term1 Daily2 Weekly3	
drive your taxicab during the daytime?	N/A97	
hours daytime		
4b. And at night?hours nighttime		
5. In a typical work week, how many hours do		
you drive your taxicab?		
hours per week		
6. In a typical work week, how many miles do	→ 6b. In a typical work week, how much of your	
you drive your taxi?	taxi driving is on the highway? %	
miles per week		
Form Approved	Page 1	
OMB No. 0920-1028		
Exp. Date 08/31/2016		

<sup>1</sup>Hahn SE, Murphy LR, 2008. A Short Scale for Measuring Safety Climate. Safety Science 46:1047-1066.

<sup>2</sup>Newnam S, Von Schuckmann C, 2012. Identifying an Appropriate Driving Behavior Scale for the Occupational Driving Context.. Safety Science 50:1268-1274.

# **Fatigue-related Outcomes**

- Objective:
  - Describe the association of individual, business-related and work environment factors with fatigue
- Outcomes
  - Driving while tired
  - Difficulty driving because of tiredness or fatigue
  - Nodding off while driving



# Variables Considered

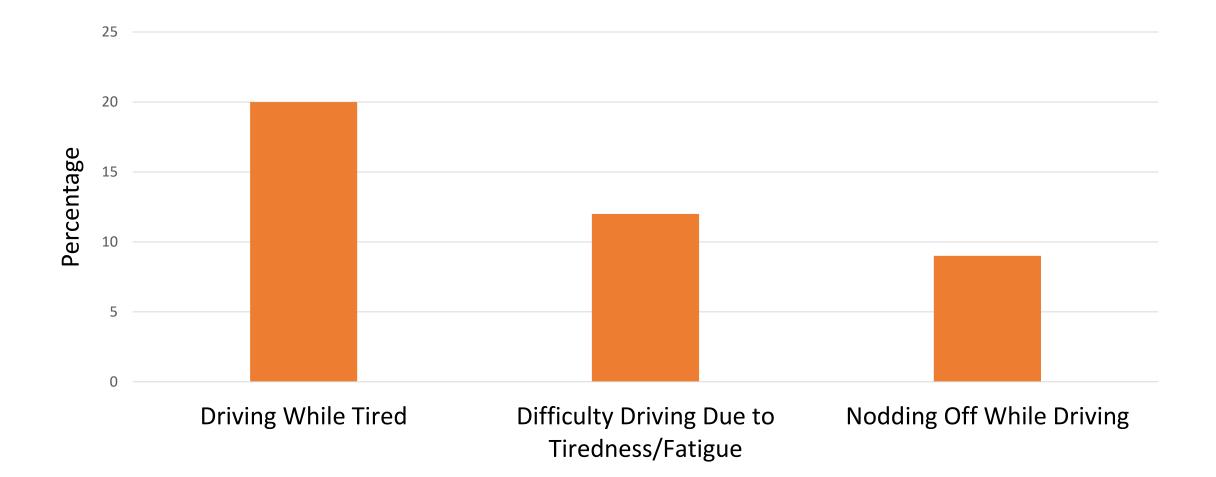
- Individual factors
  - Sex, Age, Race/ethnicity
  - Nativity, Religion
  - Marital status, Education level
- Business-related
  - Tenure: overall, city and company
  - Lease vs own: plate, taxicab
  - Time of day driving, hrs/workweek
  - Highway driving in % per week
- Work environment
  - Job demands scale
  - Safety climate scale, questions

- Workplace violence
  - Prevalence
- Safety measures
  - Safety training
  - Security camera
- Crash history

### Houston Taxi Drivers Surveyed

- 496 licensed drivers completed the survey
- Demographics:
  - 88% men
  - Average age 42
  - Predominantly black (38%) or white (25%)
  - Majority U.S. born (63%)
  - 82% completed high school diploma
  - 58% married or in a relationship
  - 41% owned taxicab
  - 33% owned plate/medallion

### **Prevalence of Fatigue-Related Outcomes**



Independent variables	Driving While Tired OR <sub>adi</sub> (95% CI)	Difficulty Driving OR <sub>adi</sub> (95% CI)	Nodding Off While Driving OR <sub>adi</sub> (95% CI)
Increasing # of years driving for company	1.1 (1.0–1.1)	1.1 (1.0–1.1)	1.1 (1.1–1.2)
Not feeling free to report safety problems to company management	4.5 (2.0–10.6)	5.1 (2.2–11.8)	3.4 (1.3–9.0)
Identifying as Asian	3.7 (1.9–7.2)	2.9 (1.4–6.1)	4.5 (2.2–9.4)
Increasing education	0.6 (0.4–0.8)	0.6 (0.4–0.8)	0.6 (0.4–0.9)
Involved in crash while driving taxi <12 months	2.1 (1.0–4.5)	2.6 (1.2–5.9)	_
Passenger-related violence <12 months	2.9 (1.7–4.9)	2.6 (1.4–4.9)	
Leasing versus owning	2.6 (1.4–4.7)	_	_
Increasing # of hours driving in workweek	0.7 (0.5–1.0)	-	_

# **Opportunities for Intervention**

- Organizational improvements in safety climate
  - Number of years driving for the company and a single safety climate item were consistently associated with all three outcomes
- Sub-populations identified as more vulnerable
  - Occupational safety and health resources focused on Asian drivers
  - Educational level should be considered for standardized trainings



# **Opportunities for Intervention**

- Safety management systems
  - Road safety programs, including fatigue management
  - Workplace violence prevention measures



# **Study Strengths and Limitations**

- Strengths
  - Rich data describing drivers and business-related aspects in addition to work environment and other outcomes
  - Large city in Southwest with little regulation represented
- Limitations
  - Cross-sectional study design
  - Findings are preliminary, not final

# **Furthering Impact**

- Findings will be submitted to conference special journal issue
  - Dissemination of abstract, presentation and journal publication
  - Social media
  - Present to study partners and stakeholders
- Analyze data from Los Angeles evaluate replication of findings



Thank you! Further questions, contact:

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The findings and conclusions in this presentation are those of the authors and do not necessarily represent the views of the National Institute for Occupational Safety and Health.

Independent variables	Driving While Tired OR <sub>adi</sub> (95% CI)	Difficulty Driving OR <sub>adj</sub> (95% CI)	Nodding Off While Driving OR <sub>adi</sub> (95% CI)
Increasing # of years driving for company	1.08 (1.03-1.13)	1.08 (1.02-1.13)	1.10 (1.05-1.16)
Not feeling free to report safety problems to company management	4.54 (1.95-10.58)	5.07 (2.18-11.81)	3.37 (1.26-8.98)
Identifying as Asian	3.74 (1.93-7.23)	2.89 (1.38-6.05)	4.50 (2.16-9.38)
Increasing education	0.56 (0.41-0.75)	0.59 (0.42-0.83)	0.59 (0.41-0.86)
Involved in crash while driving taxi <12 months	2.12 (1.00-4.48)	2.64 (1.19-5.86)	_
Passenger-related violence <12 months	2.85 (1.67-4.86)	2.63 (1.41-4.90)	_
Leasing versus owning	2.58 (1.43-4.66)	_	_
Increasing # of hours driving in workweek	0.69 (0.48-0.98)	-	_